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## You Are So You: The Path to Uplifting Hearts

By Ms. Shirley A. Moore

Mooreideas. Paperback. Book Condition: New. Paperback. 164 pages. Dimensions: 9.1in. x 7.4in. x 0.6in. The Reds are so Red, the Greens are so Green and, You are So, well You! These words perfectly described an evening spent with friends. The heirloom tomatoes were so red, the fresh from the Farmers Market vegetables were so green and guests at the dinner table were genuinely themselves. We all delight in knowing more about how others distinguish the essence of who we are. YOU ARE SO YOU! is about acting from your Heart. It is about enhancing relationships and Uplifting Hearts by choosing Intentions that deepen Connections. It is about telling people what they mean to you. We listen carefully to what makes us distinctive, extraordinary and captivating. These observations are important, because the perceptions of others color how we see ourselves and can inspire us to become the best versions of who we are. Within each chapter, you will encounter uncomplicated, yet powerful tools that will allow you to bring out the best in others, by revealing the essence of who they are and the Intangible Gifts they possess. Along the way, you will also discover more about why YOU ARE SO YOU! YOU...



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