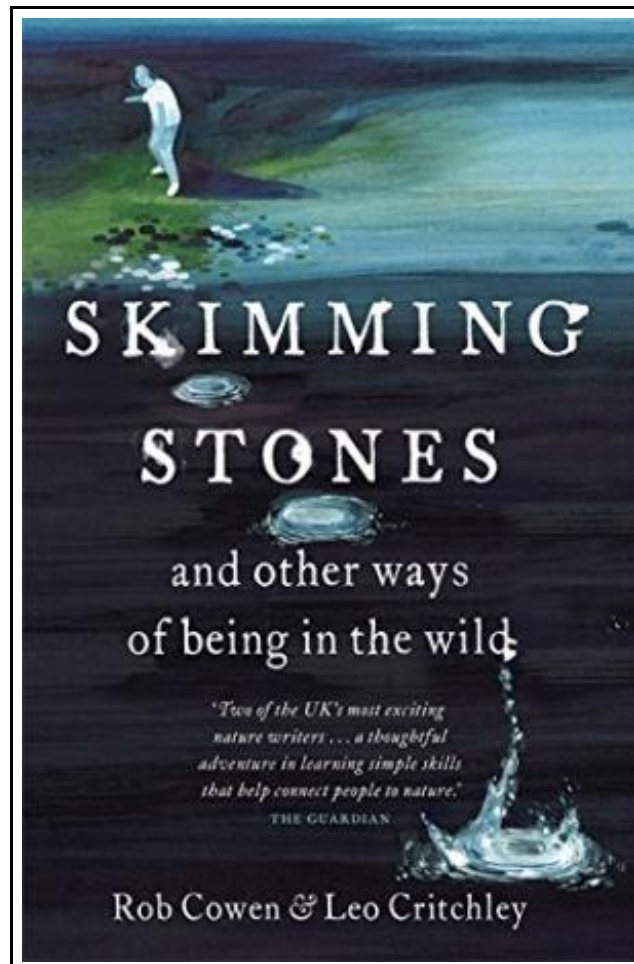


Skimming Stones: And Other Ways of Being in the Wild



Filesize: 8.49 MB

Reviews

The book is great and fantastic. It is written in straightforward words and phrases rather than difficult to understand. You won't really feel monotony at any time of your respective time (that's what catalogues are for regarding should you question me).

(Payton Miller)

SKIMMING STONES: AND OTHER WAYS OF BEING IN THE WILD

[DOWNLOAD](#)

To read **Skimming Stones: And Other Ways of Being in the Wild** PDF, make sure you access the hyperlink listed below and save the file or have accessibility to additional information that are relevant to SKIMMING STONES: AND OTHER WAYS OF BEING IN THE WILD book.

Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, Skimming Stones: And Other Ways of Being in the Wild, Rob Cowen, Leo Critchley, 'Two of the UK's most exciting nature writers. A thoughtful adventure in learning simple skills that help connect people to nature.' Guardian Skimming Stones and Other Ways of Being in the Wild is a book of simple skills that can help us to interact with nature, achieve a deeper connection with it and even step inside another dimension. Rob Cowen and Leo Critchley teach us, for example, making and flying a kite, making an elder whistle, damming a stream and building a den - and at the same time teach us about life. Their techniques are intended to be not only of practical value but also techniques for meditation. They help us to live in the moment, recover ancient insights and rhythms and encourage nature to reveal to us her secrets and treasures. They write that 'there are forces deep in everyone's subconscious that find a pure expression in the simplest of activities. This book explains why we should be taking the time to do them. It is born out of a wish to share our passion for our landscape and the contemplative, reflective pleasures and joys that were well-known to our grandparents, but which are in danger of being lost and forgotten. They will help us get back to a place where we all belong'. Skimming Stones was awarded the Robert Deakin Grant from the Authors' Foundation, by the Society of Authors. 'Essential reading.' Daily Express 'At its simplest their book gives advice on connecting with nature through twelve activities. but Skimming Stones delves deeper. Each section draws the reader lyrically into deeper philosophical waters. I was simply carried along by the authors' sense of awe,...

[Read Skimming Stones: And Other Ways of Being in the Wild Online](#)[Download PDF Skimming Stones: And Other Ways of Being in the Wild](#)

Other Books



[PDF] The Joy of Twins and Other Multiple Births : Having, Raising, and Loving Babies Who Arrive in Groups

Access the web link under to download "The Joy of Twins and Other Multiple Births : Having, Raising, and Loving Babies Who Arrive in Groups" PDF document.

[Save ePub »](#)



[PDF] Why We Hate Us: American Discontent in the New Millennium

Access the web link under to download "Why We Hate Us: American Discontent in the New Millennium" PDF document.

[Save ePub »](#)



[PDF] Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Access the web link under to download "Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age" PDF document.

[Save ePub »](#)



[PDF] Fart Book African Bean Fart Adventures in the Jungle: Short Stories with Moral

Access the web link under to download "Fart Book African Bean Fart Adventures in the Jungle: Short Stories with Moral" PDF document.

[Save ePub »](#)



[PDF] Posie Pixie and the Torn Tunic Book 3 in the Whimsy Wood Series

Access the web link under to download "Posie Pixie and the Torn Tunic Book 3 in the Whimsy Wood Series" PDF document.

[Save ePub »](#)



[PDF] Reflecting the Eternal: Dante's Divine Comedy in the Novels of C S Lewis

Access the web link under to download "Reflecting the Eternal: Dante's Divine Comedy in the Novels of C S Lewis" PDF document.

[Save ePub »](#)