



## Spiritual Growth: Being Your Higher Self

By Sanaya Roman

H J Kramer. Paperback. Book Condition: new. BRAND NEW, Spiritual Growth: Being Your Higher Self, Sanaya Roman, These processes taught by Orin, a spirit teacher, aim to help readers accelerate their spiritual growth, and live their life with more joy, harmony, peace and love. This work teaches readers how to be the higher self in everyday life, create a vision of higher purpose and manifest what you want. It teaches to work with light for healing and growth, to connect with the universal mind for enhanced creativity and to link with the higher will to carry out a higher purpose. The book gives tools to lift the veils of illusion, see truth, expand and contract time, raise vibration, achieve higher states of consciousness, open the heart and know yourself in new ways. It aims to show how to have more satisfying relationships with others by using the skills of non-attachment, right use of will, being transparent to others' energies and communicating as your higher self. Offering the next step in spiritual growth for those who want to know more about who they are, why you are here, and what you came to do, the book claims to align with higher...



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