



## Feeling Great

By Dadi Janki, Peter Vegso

HEALTH COMMUNICATIONS, United States, 2015. Paperback.

Book Condition: New. 175 x 124 mm. Language: English . Brand

New Book. Why do we lose our ability to feel great? And what is

feeling great anyway? Is it really possible to feel great in today's

world where every day there is some new crisis or disorder?

Some new upheaval or unexpected negativity? Where violence is

rife? Is feeling great out of place or insensitive to the reality of

many people's lives? This treasure of a book calls on decades of

spiritual study and practical experience to answer these and

other essential questions. You will learn what it really means to

feel great and it might not be what you expect. You will discover

that feeling great is not about having a good time for a few

hours, or having money to spend. It's about putting your life in

order and remembering who you really are. It's about practicing

the four keys revealed in this book: enthusiasm, optimism,

contentment, and respect, then learning how to start acquiring

and applying them. The authors' rich descriptions of the sticking

points we encounter on our journey through life demonstrate

how we can...



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