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## Natural Antibiotics and Antivirals: How Natural Herbal Remedies Prevent and Cure Common Ailments: Natural Antibiotics, Antivirals, Organic Remedies, Herbal Remedies, Herbal Recipes

By Lara King

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm.

Language: English . Brand New Book \*\*\*\*\* Print on Demand

\*\*\*\*\*.Natural Antibiotics And Antivirals: How Natural Herbal

Remedies Prevent And Cure Common Ailments Have you ever

wondered how the early man dealt with sickness and disease?

What they did when they were sick or injured? Which medicines

they used, how were they prepared and how they were applied

to treat a sick person? The first medicines that human used

were probably natural elements like plants, roots and herbs

that they found in their environment. Through trial and error, humans discovered which plants to use for which ailment.

They also discovered which part of a plant was more beneficial

for which ailment. There are archeological evidences that

indicate use of natural minerals, plants and herbs as medicines

as far back as 5000 years. Indian traditional Medical system

called Ayurveda lists hundreds of herbs in many different

combinations to treat not only common illnesses but chronic

problems including heart, lung and sexual diseases. The

Ayurvedic system of medicine has been used in India for over

4000 years. Similarly, Chinese too have their own traditional

medical system (TCM)...

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