



# Nutrition and Development: Short and Long Term Consequences for Health

By BNF British Nutrition Foundation

Wiley-Blackwell. Paperback. Book Condition: New. Paperback. 376 pages. Dimensions: 9.7in. x 7.5in. x 0.7in. This Task Force report reviews the evidence that the seeds of many adult diseases are sown in utero and in infancy. The report, written by experts in the field, summarises current knowledge in this area. It illustrates how early life nutrition can bring about changes in organ development and function, thus programming risk of disease in adult life. It also considers what might be done in early life to reduce the burden of future ill health. Nutrition and Development: Short- and Long-Term Consequences for Health includes chapters on the history of this topic area, normal growth and development, and current recommendations and practice in relation to nutrition and diet in early life. Chapters exploring the possible mechanisms and pathways of critical windows for development cover the effects of diet and nutrition in early life on organ and skeletal development, the role of sex hormones in programming disease susceptibility, the establishment of gastrointestinal microbiota, and the impact of early life nutrition on cognitive and neurological development. This new report: describes how development occurs and explores how changes in the fetal and postnatal environment, such as over- or under-nutrition,...



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